

## 2018 YOUTH and ADULT CONFIRMATION PROGRAM/RESOURCE OVERVIEWS

Resource (copyright date)	Publisher or Author <i>Denomination</i>	Purpose & Content Articulation	Format	Ages	Cost
<b>Affirming Faith</b>	United Church Press (Thomas E. Dipko) <i>United Church of Christ</i>	To aid persons in affirming and renewing faith; “connecting with the congregation” through mentoring, witness, service, projects, field trips, retreats, & liturgical resources following the United Church of Christ Statement of Faith <a href="http://www.uccresources.com/products/affirming-faith-resources-revised-and-updated?variant=766872657">www.uccresources.com/products/affirming-faith-resources-revised-and-updated?variant=766872657</a>	25 90-minutes sessions  Print	12-16 years	\$28 Congregational Leader Guide \$13 Confirmand’s Journal
<b>A People Called Episcopalians</b> Revised ©2014	Church Publishing (John Westerhoff & Sharon Ely Pearson) <i>Episcopal</i>	Addresses the foundational issues of what it means to be an Episcopalian, devoting chapters to things Episcopal: Identity, Authority, Spirituality, Temperament, and Polity <a href="http://www.churchpublishing.org/products/apeoplecalledepiscopalians">www.churchpublishing.org/products/apeoplecalledepiscopalians</a>	48 pages  Print / ebook	Young Adult Adult	\$6.95 Book
<b>Big God Big Questions: Confirmation for a Growing Faith</b> ©2018	Presbyterian Publishing House <i>Presbyterian</i>	<i>Big God Big Questions</i> equips students to employ the study of Scripture, tradition, and church, to tell their own story as Christian believers in the context of their local congregational experiences. Based on the findings of the Confirmation Project, it is focused on preparing youth to authentically answer the traditional membership questions of the PC(USA). <a href="http://www.pcusastore.com/Pages/Item/10494/Big-God-Big-Questions-Confirmation-Curriculum.aspx">www.pcusastore.com/Pages/Item/10494/Big-God-Big-Questions-Confirmation-Curriculum.aspx</a>	12 sessions  Print and DVD	Youth	\$50 Teacher \$10 Journal \$5 Parent/Mentor \$15 videos (12 downloads) \$25.00 DVD \$15.00 Posters
<b>Colaborate: Lutheran Methodist Presbyterian Confirmation</b> ©2015	Sparkhouse <i>Lutheran/ELCA</i>	Part of the <i>Colaborate</i> youth curriculum, each module is designed for Confirmation including Old and New Testament study with tweaks for each denomination including: Lutheran: history, the Small Catechism, doctrine Methodist: history, doctrine, John Wesley Presbyterian: history, doctrine, Book of Confessions <a href="http://www.wearesparkhouse.org/store/category/286836/Colaborate">www.wearesparkhouse.org/store/category/286836/Colaborate</a>	60 sessions/4 units 15 lessons per unit  Print and DVD	Youth	By unit: \$29.99 Leader \$8.99 Student Handbook \$34.99 DVD \$14.99 Poster Pack
<b>Confirmed: Anointed &amp; Sealed</b> ©1997	Morehouse Education Resources <i>Roman Catholic</i>	To have candidates take into their minds and hearts theological concepts and important church teachings on the sacraments that will be manifest in their attitudes and behaviors. Based on the Roman Catholic Rite of Confirmation. <a href="http://www.churchpublishing.org/products/confirmationanointedandsealedwiththespirit3">www.churchpublishing.org/products/confirmationanointedandsealedwiththespirit3</a>	2 years  Print	7-17 years	\$18.50 Leader \$7.50 Younger Journal \$7.50 Older Journal \$7.50 Adult Journal \$12.25 Rituals and Retreats

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<b>Confirm not Conform: Youth</b> Revised ©2016	Confirm not Conform (St. John's Episcopal Church, Oakland, CA)	Classroom work, field trips, mentor relationships, and challenges to take responsibility for understanding faith and its power. Provides a safe place for people to explore the breadth of the Christian tradition, to ask questions and express their doubts, and to discover what they truly believe. Versions for: Episcopal, Lutheran, Methodist, United Church of Christ, and Presbyterian <a href="http://www.confirmnotconform.com">www.confirmnotconform.com</a>	20 sessions 90 minutes ea.  Downloadable	8 <sup>th</sup> or 9 <sup>th</sup> grade youth	Based on ASA; one-time licensing fee: \$149 - \$499.00
<b>Confirm not Conform: Adult</b> ©2010	Confirm not Conform (St. John's Episcopal Church, Oakland, CA) <i>Episcopal</i>	Lessons invite participants to ask the questions they've always wanted to ask and to explore their faith from an adult perspective. The lesson plans covers the basics on Bible, creeds, prayer book and sacraments. Participants experiment with different spiritual practices to find what ones work best for them. <a href="http://www.confirmnotconform.com">www.confirmnotconform.com</a>	18 sessions 90 minutes ea.  Downloadable	Adults	Based on ASA; one-time licensing fee: \$149 - \$499.00
<b>CONFIRM</b> ©2018	Abingdon / Youth Ministry Partners <i>United Methodist</i> (official UMC confirmation program)	<i>Confirm Your Faith. Your Commitment. God's Call.</i> <i>Confirm</i> treats confirmation as more than a decision. Instead, it is the beginning of a conversation about what it means to be a Christian, living out your faith, your commitment, and God's call. Content categories: theology, history, belonging in the Community of Faith, making a faith commitment, understanding God's Call. <a href="http://www.youthministrypartners.com/confirm">www.youthministrypartners.com/confirm</a>	39 sessions (outlines for 6, 12, or 18 weeks)  Print and ebook	12-14 years 15-18 years 18-30 years	\$19.99 Director \$39.99 Teaching Plans \$12.99 Student \$10.99 Mentor \$8.99 Parent \$39.99 DVD
<b>The Discovery Series: A Christian Journey</b> ©2003	Diocese of Texas <i>Episcopal</i>	Online video series: Includes a brief history of the Episcopal Church, an instructed Eucharist, spiritual gifts assessment, Bible, Jesus, the Creeds, and Baptism. <a href="http://www.epicenter.org/discovery/">www.epicenter.org/discovery/</a> and <a href="https://vimeo.com/epicentervideos/the-discovery-series">https://vimeo.com/epicentervideos/the-discovery-series</a>	1 hour: 2-4 video segments followed by group work	Young Adults Adults	FREE In Spanish also
<b>H2H: Head to the Heart</b>	Faith Inkubators (Rich Melheim) <i>Lutheran/ELCA</i>	H2H combines current life with Biblical truths, creating critical thinking, deep caring, faithful young people. It features art, music, skits, and game shows, while building lasting caring relationships at church. Blend learning, Christian service and fellowship with our time-tested system. <a href="http://www.faithink.com/Inkubators/h2h_intro1.asp">www.faithink.com/Inkubators/h2h_intro1.asp</a>	90 PowerPoint based lessons on disks; 10-lesson theme set  9 Journals print	Youth	\$99 - \$1,699 AWWA annual membership  \$11.45 Topical Faith Journals (each)

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<b>Here We Stand</b> ©2010	Augsburg Fortress <i>Lutheran/ELCA</i>	Students experience a connection between the class content and their affirmation of Baptism each week, how their faith connects to real life, while the expanded small group material encourages relationship building between mentors and learners. Solid biblical and theological content helps connect students with their Lutheran heritage, while video, music and other multimedia resources make the material more approachable for today's learner. (NRSV) <a href="http://www.augsburgfortress.org/herewestand">www.augsburgfortress.org/herewestand</a>	2 or 3 year scope and sequence, 31 session in each year: OT, NT, Catechism Online platform for teachers	Youth	\$65 Annual Subscription based on AWA of confirmands \$14.99 Student
<b>I Believe</b> ©2004	Faith Alive Resources <i>Christian Reformed</i>	For teens who are preparing to make public profession of faith. Through discussion, action, and relationship building with a mentor, they will learn to express what they believe and grow in their walk with God. <a href="http://www.faithaliveresources.org/Products/151130/i-believe-study-guide.aspx">www.faithaliveresources.org/Products/151130/i-believe-study-guide.aspx</a>	Print	Middle School High School	\$10 Study Guide \$13 Mentor Guide
<b>I Believe: Confirmation for the 21<sup>st</sup> Century</b>	LeaderResources (Andrew Sherman & Donna Barthle) <i>Episcopal</i>	Experience and reflect on what it means to name Jesus Christ as Lord and Savior in the context of the Episcopal Church that is based in the biblical stories involving classroom reflection, retreats, community service, mentors, prayer, worship, and internships in the congregation. <a href="http://www.leaderresources.org/BELIEVE">www.leaderresources.org/BELIEVE</a>	2 years Downloadable	6-9 <sup>th</sup> Grade	\$64.95
<b>I Will, with God's Help</b> ©2002	Morehouse Education Resources (Mary Lee Wile) <i>Episcopal</i>	Confirmation is a public renewal of one's baptismal covenant, a reaffirmation of Christian identity. Built on the Baptismal Covenant in the Book of Common Prayer, including readings from the Gospels to match the lectionary year. <a href="http://www.churchpublishing.org/products/iwillwithgodshelpleadersguide">www.churchpublishing.org/products/iwillwithgodshelpleadersguide</a>	6-12 weeks or adaptable for retreats	Grades 6-12	\$24.00 Leader Guide \$8.00 Youth Journal \$8.00 Adult Journal \$8.00 Mentor Guide
<b>The Journey: An Introduction to Discipleship / Confirmation</b>	<i>Evangelical Covenant Church</i>	The Journey is the official confirmation material of the ECC. The goal of The Journey is to present an overview of the Bible (NLT) and church beliefs while offering all participants the opportunity to make or strengthen their personal commitment to follow Christ. <a href="http://www.covchurch.org/confirmation/">www.covchurch.org/confirmation/</a>	2 years; 60-90 minute sessions  Print	Youth Adult	\$39.95 Leader \$5.95 Mentor/Parent \$12.95 Student Journal each (OT/NT) Audio available

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<b>Living Water: Baptism as a Way of Life</b> ©2002	Church Publishing (Klara Tammany) <i>Episcopal</i>	Explores Baptism (and renewal of promises) through music, prayer, poetry, and story following the Baptismal Covenant. <a href="http://www.churchpublishing.org/products/livingwater">www.churchpublishing.org/products/livingwater</a>	Book/ebook	High School Young Adult Adult	\$29.95 Book
<b>Making Disciples</b> New edition ©2018	Abingdon (William Willimon) <i>United Methodist</i>	A mentor-based confirmation program that pairs confirmands with adult mentors and guides them through a variety of learning experiences that will strengthen the student's understanding of the faith while connecting him or her with the community of believers in a personal way. It can be used as a stand-alone program, or in conjunction with your current curriculum as a special experiential unit. Topics covered include: God, Jesus, Holy Spirit, Worship, The Bible, Saints and Gifts, Ministry, Baptism, Spiritual Life, Death and Resurrection, Life in the Church, and The Faith Journey Continues. <a href="http://www.cokesbury.com/product/9781501848162/making-disciples-coordinators-guide/?rank=1&amp;txtSearchQuery=making+disciples">www.cokesbury.com/product/9781501848162/making-disciples-coordinators-guide/?rank=1&amp;txtSearchQuery=making+disciples</a>	13 weeks – 3 months; mentor based	12-19 years	\$13.99 Confirmand Journal \$16.99 Coordinator \$15.99 Mentor Guide
<b>My Confirmation: A Guide for Confirmation Instruction</b> Revised edition ©1994	Pilgrim Press (Thomas Dipko) <i>United Church of Christ</i>	Designed as a workbook, it provides youth with insight into: the Bible, its origins, and how to use it; Christian beliefs; understanding God, Jesus, and the Holy Spirit; and the Christian church. This book also addresses some vital questions regarding the importance of church and the meaning of confirmation, and contains a helpful resource section. <a href="http://www.uccresources.com/products/my-confirmation-a-guide-for-confirmation-instruction-revised-and-updated-dipko">www.uccresources.com/products/my-confirmation-a-guide-for-confirmation-instruction-revised-and-updated-dipko</a>	Book	8 <sup>th</sup> Grade	\$16.50 Book
<b>My Faith, My Life: A Teen's Guide to the Episcopal Church</b> Revised edition ©2014	Church Publishing (Jenifer Gamber) <i>Episcopal</i>	Written for teens as they explore the Episcopal Church and prepare for Confirmation. Chapters include Bible, Baptism, Church History, Prayer, Worship, Polity, and more. End of chapter reflection questions; Leader Guide for a 6 or 10-week program and/or retreat. <a href="http://www.churchpublishing.org/myfaithmylife">www.churchpublishing.org/myfaithmylife</a>	Flexible Print	Youth	\$19.95 Book \$14.95 Leader Guide

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<b>Pilgrim: A Course for the Christian Journey</b> ©2016	Church Publishing 2016 <i>Episcopal</i>	Approaches the great issues of faith not through persuasion but participation in a pattern of contemplation and discussion in a small group. <i>Follow Stage:</i> Turning to Christ, Lord's Prayer, Commandments, Beatitudes; <i>Grow Stage:</i> Creeds, Eucharist, Bible, Church & Kingdom (6 sessions each). <a href="http://www.PilgrimProgram.org">www.PilgrimProgram.org</a>	8 topics 6-7 sessions each 60-90 minutes Print	High School Young Adults Adults	\$12.95 Leader's Guide \$9.95 each course book
<b>re:form: Tradition</b> ©2011	Sparkhouse <i>Methodist</i> <i>Lutheran</i> <i>Reformed</i>	Denomination specific four-unit curriculum that shares the history, beliefs, and practices that help youth discover how their faith tradition came to be. <a href="http://www.wearsparkhouse.org/store/category/286824/re-form-Traditions">www.wearsparkhouse.org/store/category/286824/re-form-Traditions</a>	DVD and Anti-Workbook  Print	Middle School Youth	\$4.49 Workbook \$19.99 Leader Guide \$29.99 DVD
<b>Sealed and Sent Forth</b> ©2004	LeaderResources (Episcopal Diocese of East Carolina) <i>Episcopal</i>	Follows a format of worship, content, discussion, reflection, and community building. <a href="http://www.leaderresources.org/SealedSent">www.leaderresources.org/SealedSent</a>	15 sessions 2-hours each  Downloadable	Youth Adults	\$54.95
<b>The Seekers</b> ©2003	LeaderResources (Angela Hock, Rick Brewer, Susan Haas) <i>Episcopal</i>	To call young people into adulthood by discovery, wonder, and reflection on life in light of our Christian tradition. 4 units: Faith, Life, Self, and Values. 2 years (25 sessions each year) <a href="http://www.leaderresources.org/The-Seekers-Young-Adult-Ministry_p_87.html">www.leaderresources.org/The-Seekers-Young-Adult-Ministry_p_87.html</a>	2 years 25 sessions each  Downloadable	Young Adults (18-25)	\$39.95
<b>To Know, To Live, To Grow</b> ©1991	Augsburg Fortress <i>Lutheran/ELCA</i>	Helps youth integrate their faith with their families and into their congregational lives. Divided into 3 units (3-9 sessions each) to equip youth for building a faithful life. To Know emphasizes the foundations of faith. To Live is to be used in conjunction with service projects. To Grow fosters faith in the real world. <a href="http://www.augsburgfortress.org/store/search?ss=to+know%2C+to+live%2C+to+grow&amp;c=0">www.augsburgfortress.org/store/search?ss=to+know%2C+to+live%2C+to+grow&amp;c=0</a>	3 Units 3-9 sessions each Print	Grades 6-10	Each Unit: \$5.50 Leader \$2.50 Participant
<b>Your Faith, Your Life: An Invitation to The Episcopal Church</b> Revised edition ©2017	Church Publishing (Jenifer Gamber) <i>Episcopal</i>	The book carefully unpacks the Episcopal Church's language of worship, theology, church structure, and sacraments, so that newcomers will have the vocabulary and framework to share their beliefs and practices, explore the Bible, understand prayer and discern their own ministry within the church. Leader Guide included. <a href="http://www.churchpublishing.org/yourfaithyourlife">www.churchpublishing.org/yourfaithyourlife</a>	Print/ebook	Young Adults / Adults	\$22.95 Book

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### CODES:

- Coloring coding: Blue – youth; Green – young adult / adult; Yellow – adult; White – mixed or all ages
- ASA = Average Sunday Attendance / AWWA = Average Weekly Worship Attendance
- *Authors* of the materials have been added if known
- Copyright year as well as website links have now been added to assist in decision-making and research.

### NOTES:

- **Prices** may change after date this listing was compiled
- The chart shown here does not comprise a complete listing of all curricula published across the denominational spectrum, but those that have come to the attention of its compiler.

### ABOUT CONFIRMATION

- Begun in 2014 and concluded in 2017, *The Confirmation Project* sought to learn the extent to which confirmation and equivalent practices (CEP) in five Protestant denominations in the United States are effective for strengthening discipleship in youth. Strengthening discipleship includes nurturing faith in Jesus Christ and facilitating youth encounters with Christian traditions (Scripture, creeds, confessions, and practices) to support lifelong Christian vocation. The five denominations in this project included: the African Methodist Episcopal Church, the Episcopal Church, the Evangelical Lutheran Church in America, the Presbyterian Church (USA) and the United Methodist Church. This project was funded by Lilly Endowment, Inc. and sought to provide ministry leaders within the Christian church examples of strategies and practices that are effective in helping young Christians grow as disciples of Jesus Christ. Learn more of its results: <https://theconfirmationproject.com>
- For a history and viewpoints of the meaning, methods, and best practices of confirmation from an Episcopal perspective: *Signed, Sealed, Delivered: Theologies of Confirmation for the 21<sup>st</sup> Century* edited by Sharon Ely Pearson [www.churchpublishing.org/signedsealeddelivered](http://www.churchpublishing.org/signedsealeddelivered).

### QUESTIONS TO ASK WHEN CHOOSING CURRICULUM FOR CONFIRMATION PREPARATION:

- How does the program support your church's mission statement?
- How are sacraments taught / covered? Is this in keeping with my denomination's tradition?
- How is Jesus portrayed? God? The Holy Spirit? Is this in keeping with my denomination's tradition?
- How is the Bible explored as well as your faith's history, tradition, doctrine, and creedal statements?
- How are youth and adults incorporated into the life of the congregation: through worship, service projects, faith-in-action, fellowship?

For reviews of Vacation Bible School programs, please visit: [www.vts.edu/page/center-for-the-ministry-of-teaching/vbs-reviews](http://www.vts.edu/page/center-for-the-ministry-of-teaching/vbs-reviews)

For updated overviews of curricula for children, youth, and adults and more in-depth reviews, see [www.rowsofsharon.com](http://www.rowsofsharon.com).

For more information or questions regarding this chart contact Sharon Ely Pearson [spearson@cpg.org](mailto:spearson@cpg.org)